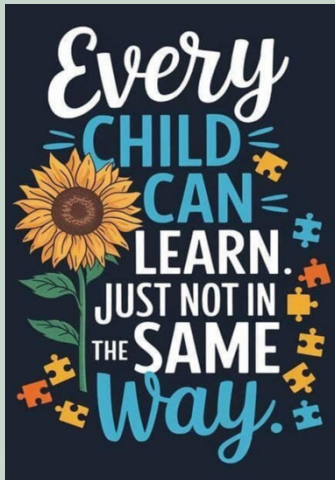


SEND Newsletter

Spring 1 2025



Welcome to this Spring edition of the SEND Newsletter!

You should now have received your child's reviewed IEP for the Autumn Term and their new IEP for the Spring. If you have not received this, please speak with your child's teacher. When you receive the Spring IEP, you will see that it is on our new single-document IEP format which we hope will continue to strengthen our SEND provision at Clifton and make your child's journey clearer and easier to track over time. All feedback is welcome.

Over the next few weeks, you will receive a form inviting you to our first SEND Coffee Morning (or afternoon!) with options of times and subjects for you to select. I will then go by the most popular date. Thanks, as always, for your ongoing communication and involvement. Yours, *Miss Bagnall.*

Book Recommendation

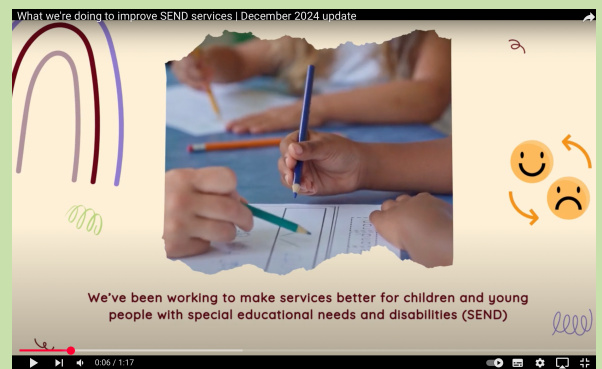


[The Colour Monster by Anna Llenas](#)

In this simple story, the Colour Monster begins the book with a mix of colours on him as his feelings are all mixed up and he is helped by a friend to sort them out and explore each one e.g. yellow is happiness, blue is sadness. We use these colours and puppets of the Colour Monster in Reception to Year 2 to explore emotions as it provides a clear language and visuals to help children explore and explain how they feel. There are teddies that go along with the story too. *Note: some versions of the book have 'fear' as black and some have it grey. We always refer to fear as grey in school to avoid any possible negative connotations linked to race.*

How are the County Council improving SEND services?

Click the [here](#) to watch a video about the work happening to reform SEND in Worcestershire:



Have you used the Lumi Nova app?



In the Autumn SEND Newsletter we launched the NICE recommended Lumi Nova app which supports children with anxiety and worry on an intergalactic adventure underpinned by a CBT therapy approach.

If you have made use of this app, I'd love your feedback. Drop me an email at senco@clifton-upon-teme.worcs.sch.uk

It's not too late to sign up. Click here: <https://luminova.app/>

Children's Occupational Therapy Service Advice Line

Occupational therapy (OT) helps children or young people who may be experiencing difficulties physically participating in daily life. School can refer into this service for children who need physical support, but the wait times are unfortunately currently very long (2 years+). If your child finds things tricky when participating in daily activities at home or in school, you can use the OT telephone Advice Line to speak with an Occupational Therapist about it. Therapists can answer questions about self-care, leisure, play or movement skills and will try to provide you with advice, strategies and tips to try at home or school or refer you to other appropriate support. Your child does not need to be known to the service for you to access this helpline. It is open to all.

The number is: 07562 436633 and the line is open every Wed 9am-12pm and Thurs 1-4pm.

Please note, the advice line is not for waiting list enquiries or to check on a referral.

07562
43663



Does your child struggle. with sleep?

We know this can be a common experience for all parents, but even more so, for the parents of children with SEND. Click [here](#) for information and tips on sleep from Great Ormond Street Children's Hospital. The School Nursing Team can also support you with sleep. I can refer families into this service, please get in touch if you think this would be helpful.



FREE Online Course:

'The Solihull Approach: Understanding Your Child with Additional Needs'

This free online course can be done at your own pace and is recommended by professionals to help you navigate parenting a child with additional needs. Parents living in Worcestershire can use the access code 'PARENTSROCK' to complete the course for free.

Access the
course [here](#)



5 ways to help children to understand you

**SHOW as well as
TELL!**

Objects...photos....
pictures....signing
all help!

**Get their attention
first before you start
talking 😊**

**Say it slowly and use
pauses to give them
time to think before
you talk again**

**Give longer
instructions in
single steps**

**Use the easiest
words you can**

Advice from the
Speech and Language
Team to help your
child understand you

There is more advice
and resources
available on their
website. [Click here.](#)