



Clifton-Upon-Teme Primary School PE Long Term Plan



	Autumn			Spring			Summer		
	Unit 1	Unit 2	Unit 3	Unit 1	Unit 2	Unit 3	Unit 1	Unit 2	Unit 3
Reception	Multi-Skills Spatial Awareness			Multi-Skills Sending and aiming/Tracking and receiving		Swimming Refer to Phase 1, 2 & 3 on progression document.	Multi-Skills Co-ordination and control		Multi-skills Sending and aiming/Tracking and receiving
	Movement Dance			Movement Gymnastics			Movement Dance		
Year 1/2 Cycle A	Multi-Skills Invasion		Movement Gymnastics	Multi-Skills Net/Wall		Outdoor adventurous activities Orienteering	Multi-skills - Striking and Fielding (Striking, catching and throwing)		
	Movement Dance			Movement Gymnastics		Swimming	Athletics		
Year 1/2 Cycle B	Multi-skills – net/wall		Multi-skills - Invasion Throwing and catching	Multi-skills – Invasion Kicking		Swimming	Multi-skills – Striking and Fielding (Striking, catching and throwing)		Outdoor adventurous activities
	Movement Dance			Movement Gymnastics			Athletics		
Year 3/4 Cycle A	Invasion games Football		Invasion games Handball	Outdoor adventurous activities		Swimming	Movement Dance		Striking and Fielding Cricket
	Net/Wall Volleyball		Movement Dance	Movement Gymnastics			Athletics		
Year 3/4 Cycle B	Invasion games Football		Invasion games Handball	Outdoor adventurous activities		Swimming	Movement Dance		Striking and Fielding Cricket



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	Net/Wall Volleyball	Movement Dance	Movement Gymnastics		Athletics	
Year 5/6 Cycle A	Invasion Games Netball	Invasion Games/striking Hockey	Outdoor Adventurous Activities	Swimming	Striking and Fielding Rounders	Net/Wall Tennis
	Movement Dance		Movement Gymnastics		Athletics	
Year 5/6 Cyc le B	Invasion games Rugby	Invasion Games/striking Hockey	Outdoor Adventurous Activities	Swimming	Striking and Fielding Rounders	Net/Wall Tennis
	Movement Dance		Movement Gymnastics		Athletics	