



Introduction to PE Unit 1: Fantasy and adventure

Lesson 1	Witches and wizards
Lesson 2	Pirates
Lesson 3	Mythical Creatures
Lesson 4	To the Castle
Lesson 5	Superheroes
Lesson 6	Monsters

Introduction to PE Unit 2: Everyday life

Lesson 1	People who help us
Lesson 2	Friends and family
Lesson 3	Houses and homes
Lesson 4	Morning time
Lesson 5	At the shops
Lesson 6	Dinner time

Ball skills Unit 1: Minibeasts

Lesson 1	Beetles
Lesson 2	Busy Bees
Lesson 3	Ladybirds and butterflies
Lesson 4	Grasshoppers
Lesson 5	Caterpillars
Lesson 6	Spiders

Ball skills Unit 2: The weather

Lesson 1	Windy weather
Lesson 2	Snow is falling
Lesson 3	There's a storm coming
Lesson 4	Rainy Days
Lesson 5	Sunshine and rainbows
Lesson 6	Foggy Days

Dance Unit 1: Everyday life

Lesson 1	Head, shoulders, knees and toes
Lesson 2	Head, shoulders, knees and toes
Lesson 3	Transport
Lesson 4	Transport
Lesson 5	Morning routine
Lesson 6	My journey to school

Dance Unit 2: Places

Lesson 1	At the seaside
Lesson 2	Under the sea
Lesson 3	At the fireworks display
Lesson 4	At the fireworks display
Lesson 5	At the farm
Lesson 6	At the farm

Fundamentals Unit 1: All about me

Lesson 1	Body parts
Lesson 2	Feelings
Lesson 3	Our senses
Lesson 4	Ways we look after ourselves
Lesson 5	My favourite things
Lesson 6	It's good to be me

Fundamentals Unit 2: Places and spaces

Lesson 1	At the circus
Lesson 2	On safari
Lesson 3	Under the sea
Lesson 4	Space explorers
Lesson 5	At the farm
Lesson 6	Into the woods

Games Unit 1: Transport

Lesson 1	Cars
Lesson 2	Aeroplanes
Lesson 3	Cyclists
Lesson 4	Buses
Lesson 5	Boats
Lesson 6	Trains

Games Unit 2: Around the world

Lesson 1	Polar Regions
Lesson 2	The Rainforest
Lesson 3	Australia
Lesson 4	Wild West
Lesson 5	India
Lesson 6	Far East

Gymnastics Unit 1: Animals and their habitats

Lesson 1	Rainforest animals
Lesson 2	Woodland animals
Lesson 3	Lakeland animals
Lesson 4	Desert animals
Lesson 5	Sea animals
Lesson 6	Pet animals

Gymnastics Unit 2: Traditional tales

Lesson 1	Jack and the Beanstalk
Lesson 2	Jack and the Beanstalk
Lesson 3	Jack and the Beanstalk
Lesson 4	Goldilocks and the three bears
Lesson 5	Goldilocks and the three bears
Lesson 6	Goldilocks and the three bears