

Clifton-upon-Teme Primary School

P.E Long Term Whole School Overview

Cycle A	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Reception	Introduction to PE: Unit 1	Fundamentals: Unit 1	Gymnastics: Unit 1	Games: Unit 1	Gymnastics: Unit 2	Ball Skills: Unit 1
	Introduction to PE: Unit 2	Fundamentals: Unit 2	Dance: Unit 1	Games: Unit 2	Dance: Unit 2	Ball Skills: Unit 2
Year 1/2	Fundamentals Ball Skills Team Building	Sending and Receiving Athletics Yoga	Target Games Gymnastics Fitness	Invasion Games Gymnastics Fitness	Striking and Fielding Dance Swimming	Net and wall Games Dance Swimming
Year 3/4	Fundamentals Dance Yoga	Ball Skills Gymnastics	Football Dance Swimming	Basketball Gymnastics Swimming	Cricket OAA Golf	Tennis Athletics Parkour
Year 5/6	Fitness Dance Yoga	Hockey Gymnastics	Basketball Dance	Rugby Gymnastics	Volleyball Athletics	Cricket OAA

Cycle B	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Reception	Introduction to PE: Unit 1	Fundamentals: Unit 1	Gymnastics: Unit 1	Games: Unit 1	Gymnastics: Unit 2	Ball Skills: Unit 1
	Introduction to PE: Unit 2	Fundamentals: Unit 2	Dance: Unit 1	Games: Unit 2	Dance: Unit 2	Ball Skills: Unit 2
Year 1/2	Fundamentals Ball Skills Team Building	Sending and Receiving Athletics Fitness	Target Games Gymnastics Yoga	Invasion Games Gymnastics	Striking and Fielding Dance Swimming	Net and wall Games Dance Swimming
Year 3/4	Fundamentals Gymnastics Fitness	Ball Skills Dance Yoga	Handball Gymnastics Swimming	Hockey Dance Swimming	Rounders Dodgeball OAA	Tennis Athletics OAA
Year 5/6	Netball OAA Fitness	Football Dance	Handball Gymnastics	Dodgeball Dance Gymnastics	Rounders Athletics	Tennis Yoga Parkour

Reception Curriculum Overview:

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Each term, there will be at least two timetabled sessions dedicated to physical activity which will run alongside other opportunities to develop gross motor skills.						
Reception	Introduction to PE: Unit 1 Fantasy and Adventure	Fundamentals: Unit 1 All About Me	Gymnastics: Unit 1 Animals and their habitats	Games: Unit 1 Transport	Gymnastics: Unit 2 Traditional Tales	Ball Skills: Unit 1 Minibeasts
	Introduction to PE: Unit 2 Everyday Life	Fundamentals: Unit 2 Places and spaces	Dance: Unit 1 Everyday Life	Games: Unit 2 Around the world	Dance: Unit 2 Places	Ball Skills: Unit 2 The Weather

KS1 Curriculum Overview:

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Each term, there will be one indoor PE session and one outdoor PE session. When swimming is timetabled, this is a 30 minute session and the other PE sessions will equate to at least one hour minutes to ensure that pupils have at least 1 hour 30 minutes of quality PE a week						
Year 1/2 Cycle A	Fundamentals (Year 1)	Sending and Receiving (Year 1)	Target Games (Year 1)	Invasion Games (Year 1 lessons 1-3 then Year 2 lessons 1-3)	Striking and Fielding Games (Year 1)	Net and Wall Games (Year 1 lessons 1-3 then Year 2 lessons 1-3)
	Ball Skills (Year 1)	Athletics (Year 1)	Gymnastics (Year 1 lessons 1-6)	Gymnastics (Year 2 lessons 1-6)	Dance (Year 1 lessons 1-6)	Dance (Year 2 lessons 1-3 then 7-9)
	Team Building (Year 1 lesson 1 and 2 then Year 2 lesson 1 and 2)	Yoga (Year 1 lesson 1-3 then Year 2 lesson 1 and 2)	Fitness (Year 1 lessons 1-3)		Swimming (10 weekly sessions)	
Year 1/2 Cycle B	Fundamentals (revise Year 1 then Year 2 for 4 sessions)	Sending and Receiving (Year 2)	Target Games (Year 2)	Invasion Games (Year 2)	Striking and Fielding Games (Year 2)	Net and Wall Games (Year 1 lessons 4-6 then Year 2 lessons 4-6)
	Ball Skills (Year 2)	Athletics (Year 2)	Gymnastics (Year 1 lessons 7-12)	Gymnastics (Year 2 lessons 7-12)	Dance (Year 1 lessons 7-12)	Dance (Year 2 lessons 4-6 then 10 - 12)
	Team Building (Year 1 lesson 3-4 then Year 2 lesson 3-4)	Fitness (Year 2 lessons 1-3)	Yoga (Year 1 lessons 4-6 then Year 2 lessons 3-6)		Swimming (10 weekly sessions)	

Year 3/4 Curriculum Overview:

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Each term, there will be one indoor PE session and one outdoor PE session. When swimming is timetabled, this is a 30 minute session and the other PE sessions will equate to 90 minutes to ensure that pupils have 2 hours of quality PE a week						
Year 3/4 Cycle A	Fundamentals Year 3/4 (Year 3)	Ball Skills Year 3/4 (Year 3)	Football (Year 3 Lessons 1-3 then Year 4 Lessons 4-6)	Basketball (Year 4)	Cricket (Year 3 Lessons 1-3 then Year 4 Lessons 1,4,5)	Tennis (Year 3)
	Dance (Year 3 Lessons 1-3 then lessons 10-12)	Gymnastics (Year 3 lessons 1,3,5,7,9,11)	Dance (Year 4 Lessons 4-6 then lessons 10-12)	Gymnastics (Year 4 lessons 1,3,5,7,9,11)	OAA (Year 3 Lessons 1-3)	Athletics (Year 3)
			Swimming (10 weekly sessions)		Golf (Year 3 lessons 1-3)	Parkour (Year 3 Lessons 1-3)
Year 3/4 Cycle B	Fundamentals Year 3/4 (Year 4 lessons 1-4)	Ball Skills Year 3/4 (Year 4)	Handball (Year 3)	Hockey (Year 4)	Rounders (Year 3 Lessons 1-3 then Year 4 Lessons 1,4,5)	Tennis (Year 4)
	Gymnastics (Year 3 lessons 2,4,6,8,10,12)	Dance (Year 3 Lessons 4-6 then Lessons 7-9)	Gymnastics (Year 4 lessons 2,4,6,8,10,12)	Dance (Year 4 Lessons 1-3 then lessons 7-9)	Dodgeball (Year 4)	Athletics (Year 4)
	Fitness (Year 3 lessons 1-3)	Yoga (Year 3 lessons 1-3)	Swimming (10 weekly sessions)		OAA (Year 4 Lessons 1-3)	

Year 5/6 Curriculum Overview:

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Each term, there will be one indoor PE session and one outdoor PE session. When swimming is timetabled, this is a 30 minute session and the other PE sessions will equate to 90 minutes to ensure that pupils have 2 hours of quality PE a week						
Year 5/6 Cycle A	Fitness (Year 5)	Hockey (Year 5)	Basketball (Year 6)	Rugby (Year 5)	Volleyball (Year 6)	Cricket (Year 5 Lessons 1-3 then Year 6 Lessons 1,4,5)
	Dance (Year 5 lessons 1-3)	Gymnastics (Year 5 lessons 1,3,5,7,9,11)	Dance (Year 6 lessons 1-6)	Gymnastics (Year 6 lessons 1,3,5,7,9,11)	Athletics (Year 5)	OAA (Year 5)
	Yoga (Year 5 lessons 1-3)					
Year 5/6 Cycle B	Netball (Year 5)	Football (Year 6)	Handball (Year 5)	Dodgeball (Year 6)	Rounders (Year 5 Lessons 1-3 then Year 6 Lessons 1,4,5)	Tennis (Year 5)
	OAA (Year 6 lessons 1-3)	Dance (Year 5 lessons 4-6 then 7-9)	Gymnastics (Year 5 lessons 2,4,6,8,10,12)	Dance (Year 6 lessons 10-12)	Athletics (Year 6)	Yoga Year 6 lessons 1-3)
	Fitness (Year 6 lessons 2,4,5)			Gymnastics (Year 6 lessons 2,4,6)		Parkour (Year 5 lessons 1-3)